



## 7 Scriptural Prayers to Pray for Yourself

Prayer brings the power of God into every situation.

We often want to jump right to the asking part of prayer. Take a moment to be still before the Lord and quiet your heart. Start with praising God for *who* he is and use his attributes in scripture. Praise deepens our awareness of God's holiness and our reverence for him. Thank God also for previous answers and move into the seven prayers.

Examples of **Praise**: I praise you as the Creator who is almighty and powerful. You are the giver of life. (John 1:1-4). You are the light that shines in the darkness. (John 1:5). I worship you, the Lamb of God who takes away the sins of the world. (John 1:29). I praise you because you are great and most worthy of praise. (Psalm 145:3a).

The scriptures are full of attributes of God. Let the Lord lead you as you praise him.

Other examples of attributes:

Holy	Mighty	Servant	Gentle
Just	Sovereign	Victorious	Powerful
Righteous	Savior	Faithful	Perfect
Creator	Light	Humble	Judge
Merciful	Refuge	Compassionate	Sacrifice
Forgiving	Shield	Good	Truth
Loving	Lamb	Patient	Rock

### Prayers:

#### 1. **Clean Vessel:** Psalm 51:2,10, 1 John 1:9.

Father, I come before you to confess my sin. I am sorry for my wrong thoughts and actions. I desire to be right with you and cleansed by you. Wash me clean from all of my sin and guilt. God, please create in me a pure heart, and renew a steadfast spirit within me. May my life be useful to you. Thank you for your promise to forgive us when we confess our sins. Thank you that you are faithful to cleanse us from all unrighteousness. ~In Jesus' Name.

#### 2. **No Critical, Judgmental Spirit:** Eph. 4:29, James 4:11

Father, I lift my heart before you today. Please keep me from letting any worthless words come out of my mouth. Enable me not to be critical or judgmental toward

anyone. Instead, let my words encourage others and lift them up. I ask you to convict me when my heart leans in these wrong directions. ~In Jesus' Name.

**3. Compassionate Heart:** Phil. 2:1-3, Col. 3:12

Father, just as you always comfort me, may you give me that same tenderness and compassion for others—especially those who are difficult. Today, I clothe myself with your compassion, kindness, and humility. May your gentleness and patience in me be of comfort to those who need it. ~In Jesus' Name.

**4. Forgiving Heart:** Col. 3:13, Eph.4:32

Father, help me not to hold on to hurts or offenses made against me. Help me always to let things go and forgive—mindful of how often you forgive me. When nothing in me wants to be kind and compassionate to someone who hurts me—give me strength from your Spirit to do it. ~In Jesus' Name.

**5. Giving Heart:** 1 Tim. 6:18, 1 John 3:17

Father, I pray you would grow in me a giving heart, willing to give my time to help another in need. Make me aware of the needs of others; show me what I can do to lend a hand, and share what I have. Keep me from being self-focused and become others-focused and generous. ~In Jesus' Name.

**6. Loving Heart:** 1 Cor. 6:14, 1 Peter 4:8

Father, I pray that you would pour your love into me; enable me to do everything in love. May my love grow more for you and others. Where there is disunity, help me instead to love difficult people, not just with words but with actions. ~In Jesus' Name.

**7. Serving Heart:** Matt. 20:28, John 13:12-14

Father, thank you for the example you give us for serving others. May I always remember that nothing is beneath me—serving others is really serving you. Help me to have a heart of putting others ahead of myself, for I know that is pleasing to you. ~In Jesus' Name.